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## Person-First vs. Identity-First Language

- Person-first language puts the person before their disability (e.g., “person with a disability” or “person with autism”). It emphasizes the individual rather than the condition.
- Identity-first language places the disability before the person (e.g., “disabled person” or “autistic person”). This perspective is often preferred by some disabled people as it aligns with their identity and does not imply that the disability is something separate from who they are.

Always ask individuals how they prefer to be addressed, as preferences vary by personality and situation

### YETI Insights

Within YETI we have multiple people who use different language. **16 members** prefer person first, and **10 members** prefer identify first language.

“Be who you are fully, not just one aspect of yourself”